

myBLUECROSS

Check out the new and improved myBlueCross, where it really is all about you!

Register for myBlueCross at AlabamaBlue.com

At Blue Cross and Blue Shield of Alabama, we want to make it easy for our members to take charge of their own health and wellness. That's why we created myBlueCross, our member website, and why we're making it even easier to use—so our members can find what they need, fast.

Features & improvements include:

- 1 NEW! Action Items section** — Quickly guides members to important tasks
- 2 Search Claim Statements** — Brings claims search to the dashboard so it is more easily accessible
- 3 Care reminders** — Now easier to find, highlights gaps in care and helps members stay up-to-date
- 4 Member banners** — Moved from the bottom of the page, making messages easier to find and helping to close gaps in care

Depending on coverage, each member's dashboard will look a little different.

Visit myBlueCross at AlabamaBlue.com



An Independent Licensee of the Blue Cross and Blue Shield Association

Account Summary Customer Service: 1-877-370-7740

Currently Viewing Contract: BLU123456789

Benefit Summary
Family Deductible - In Network Services

0.0% CHRISTINA
SPENT \$0.00
DEDUCTIBLE \$300.00

21.9% Family
SPENT \$196.84
DEDUCTIBLE \$900.00

View Deductible Details >
View Out of Pocket Details >

View Benefits and Coverage

Action Items 0

Frequently Visited

- Claim Statements >
- View myBlueRewards >
- Care Reminders >

Manage My Contract

- ID Cards
Order replacement ID cards.
- Proof of Coverage Letter
Request a letter of creditable coverage.

Self Service

- Direct Deposit
Have reimbursements or other payments transferred directly into your bank account.
- Reimbursement History
Review reimbursements you've received from us.
- Identity Protection
Identity Protection Services
- Resources
Access claim forms, watch videos and more.
- Submit a Claim
Submit a Claim

Manage My Prescriptions

- Home Delivery Network
Order specific drugs through AllianceRx Walgreens Prime in 90-day supplies.
- Find Drug Pricing
Estimate the cost for medication.
- View Prescription History
See your medication history.
- Find Drugs/Pricing/Mail Order
Find prescription drugs and pricing based on pharmacy.

Health Programs

- Behavioral Health Services >
- Tobacco Cessation Program >
- Talk to a Nurse or Advisor >
- Enroll in Baby Yourself >

Forms & Materials [View all Forms](#)

- Medical Expense Claim >
- Dental Claim >
- Vision/Hearing Claim >
- IRS Tax Form 1095 >
- Prescription Drug Claim >

Saving Money

- Learn about Access2day Health Benefits
Learn about Access2Day Health Benefits
- Know Where To Go
Understand the right place to go to save money and receive the right type of care.
- Treatment Cost Estimator
Estimate your costs by location, physician, facility and more.

Recent Activity

Claim Statements

Claim Number	Patient Name	Provider	Date	Deductible Amount
#121313451511	WILLIAMS, ROBERT	PHARMACY	09/27/2018	\$0.00
#121313451512	WILLIAMS, CHRIST E.	PHARMACY	09/26/2018	\$0.00

2 Q Search Claims Statements

myBlueWellness

Care Reminders

BLOOD SUGAR LEVELS
You are maintaining your blood sugar levels well.
Keep it up!

50 85 250

WELLNESS SCORECARD
Congratulatory! You've completed 2 of 2 recommended health services.

100%

See all Care Reminders

Go to WebMD > Personal Health Record >
My Health Assistant > WebMD Symptom Checker >
Take the HealthQuotient (HQ) > WebMD Health Topics >

myBlueRewards Summary of Rewards Earned: \$0
Maximum Possible: \$400

Activity Description	Start Date	End Date	Reward (per Activity)	Earned
Time to Move Challenge	09/21/2020	11/13/2020	\$50 Payforward Debit Card	3

DO YOU Know Where to Go?
FAMILY DOCTOR? URGENT CARE? EMERGENCY ROOM? FIND OUT NOW

MOBILE APPS & TOOLS



Alabama Blue
APP

Mobile app for phone & tablet

- Check your benefits
- View or email your ID card
- Get your contract information
- Easy login with Touch or Face ID options
- Find a doctor...and more!

Register for *myBlueCross* to get enhanced features using Alabama Blue



Health Handbook
APP

Handy reference for your common health questions

- Health conditions defined
- Information on medications
- Medical procedures explained
- Natural treatment options
- Medical dictionary
- English-to-Spanish translations



my Rx Planner
APP

Medication tracker with custom profiles

- Medication reminders
- Common dosages
- Possible drug interactions
- One-button dialing and turn-by-turn directions to pharmacy

Our Alabama Blue mobile app includes the **Virtual ID Card** so you can view or email your Blue Cross ID card!



BABY YOURSELF®

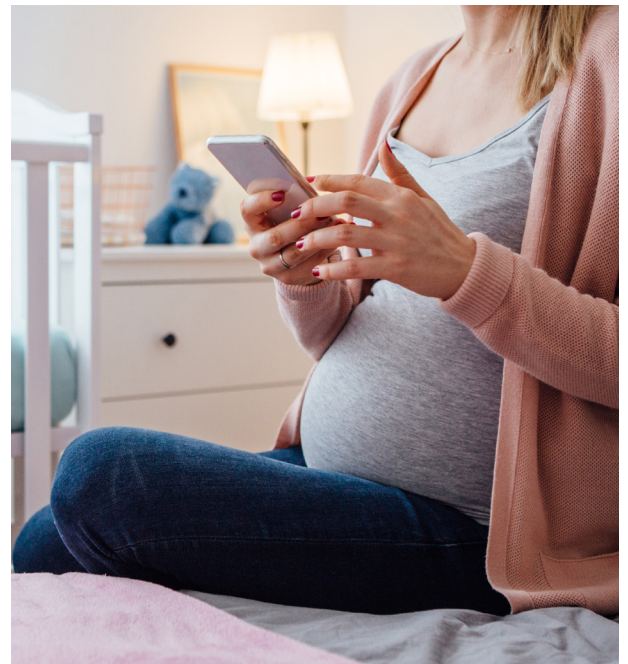
MOBILE APP FOR PHONE & TABLET

Tracks your baby's growth and your personal journey to motherhood

Our latest app is just right for expectant moms!

- Daily journal
- Photo gallery
- Kick counter
- Contraction counter
- Customizable reports
- Daily pregnancy and parenting tips
- One-button dialing to access your physician and/or Baby Yourself Nurse*

* For this service, you must be a Blue Cross and Blue Shield of Alabama member and enrolled in the Baby Yourself Maternity Program.



There is no charge from Blue Cross and Blue Shield of Alabama to download, but rates from your wireless provider may apply. This information is for educational purposes only and is not a substitute for personal care from a licensed physician. Please consult your physician for diagnosis and treatment options.

myBlueWellness is a wellness website provided by Blue Cross and Blue Shield of Alabama and powered by WebMD®. WebMD is an independent company providing health assessment tools, such as HealthQuotient®, to our customers.

 **BlueCross BlueShield of Alabama**

We cover what matters.

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